

# extension care

## BRUSHING |

- use a boar bristle and/or wet brush
- hold the base of the extensions to avoid pulling, & brush starting at your ends carefully working your way up to the base
- do not brush over the base of the weft

## WASHING |

- brush your hair before washing to remove tangles
- now that your hair is thicker, you may need to wash in sections. be sure to thoroughly wash and rinse in between your extension rows

## SHAMPOO |

- use a sulfate-free, paraben-free, salon grade shampoo
- begin at the scalp & massage into the hair using a "Z" formation, squeeze the shampoo through your ends, avoid rubbing motions as friction may cause tangles.
- do not flip your head upside down as this causes tangles

## CONDITION |

- use a sulfate-free, paraben-free, salon grade conditioner
- apply conditioner from the midshaft down to the ends of your hair and leave on for 2 - 3 minutes
- the use of quality salon grade leave in conditioners, heat protectants, and treatment oils is recommended to protect your extensions

## DRYING |

- squeeze the water out of your hair with a microfiber towel, don't rub.
- it is important to always dry your wefts - mainly the base of them. if the base sits wet for too long, you may compromise the condition of your weft & as a result, they may not last as long.
- your hair is much heavier when wet, so you want to remove excess moisture to ensure there is no pulling on your natural hair
- start with a gentle rough dry to remove 70% of the water - then go in with a paddle brush to complete drying

## STYLING TOOLS |

- be sure to use a proper heat protectant before styling
- only use heat between 250-370 degrees depending on your natural hair
- if the heat is too high, it may cause your color to fade as well as unreparable breakage

## PRODUCTS |

- use professional grade products recommended by your stylist to maintain the health of your natural hair and extensions

## SWIMMING |

- before swimming, wet your hair with fresh tap water & apply a small amount of leave in conditioner to your ends
- brush first, then secure in loose braid or a bubble ponytail to keep the hair smooth & in place
- once finished with swimming rinse extensions with fresh water, spray with a leave in conditioner & brush

## SUNSCREEN |

- IMPORTANT - not all sunscreen is extension safe!
- wear your hair up to avoid sunscreen transfer from your body to your hair
- AVOID the following ingredients as they cause pink/orange hued discoloration: oxybenzone · avobenzone
- safe sunscreen brands: sun bum · bare republic. usually anything "reef safe"

## SLEEPING |

- brush hair gently, braid loosely & secure with a silk scrunchie
- do not go to bed with wet hair
- if intense tangling occurs, contact your stylist immediately
- a silk pillowcase is recommended - great for your skin too!

## COLORING |

- avoid over use of purple shampoo as extensions are extremely porous
- extensions may be professionally shifted tone wise, but may not be lightened, if you are wanting a new color, new extension hair will be required.

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